

# Roasted Sweet Chili Broccoli

## INGREDIENTS:

1 lb	Broccoli florets, cut into equal size florets	1 tsp	Garlic, dried, minced
2 Tbsp.	Canola oil	¼ tsp	Kosher salt
1 Tbsp.	Honey	To taste	Red chili flakes
2 tsp	Chili paste		

## DIRECTIONS:

Preheat oven to 375°F (convection) / 400°F (conventional oven)

Combine all ingredients evenly in a large bowl

Spread vegetables evenly on a sheet pan covered with parchment paper (do not over-crowd pan)

Roast in oven for 25 -30 minutes, until crisp on the outside and tender on the inside

## HELPFUL TIPS:

Do not discard stem and leaves – save for later use

Substitute fresh bagged vegetables which range in weight from 10 oz to 1 lb.

Adjust seasoning as needed to accommodate.